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EDUCATION:

2008: Psy.D. The Wright Institute, Berkeley, California
APA accredited program in Clinical Psychology.

2005: M.A. Clinical Psychology, The Wright Institute, Berkeley, California.

1985: M.A. Clinical Psychology, John F. Kennedy University Orinda, California.

1982: B.A. Psychology, New College of the University of South Florida, Sarasota, Florida.

CLINICAL EXPERIENCE:

1987 - Present: Psychologist, Private Practice. Offices in Sonoma and Oakland, CA: Individual adult and child, couple, family and group psychotherapy. Practice is currently focused on clients with life threatening illnesses, and other traumatic incidents. Many clients have histories of trauma, both individually and within their relationships and families. Other clients are dealing with substance abuse, depression, loss, eating disorders, and life transitions.

1989 - Present: Bay Area Red Cross, Disaster Mental Health Team. Respond to local and national emergencies such as fires, floods and earthquakes and provide counseling to victims affected by the disaster.

1996 - Present: Therapist and Group Facilitator, Women's Cancer Resource Center, Oakland, CA. Provide pro-bono psychotherapy for low-income clients with cancer, and their families. Create and facilitate groups for mothers with cancer, and young women with cancer. The population served is primarily a diverse group of lower income women.

2009 - Present: Clinical Consultant, A Home Within, Oakland, CA. My work involves recruiting and supporting clinicians, supervisors and consultants in pro bono psychotherapy for current and former foster youth, as well as supervising students

involved in the collaboration between the Wright Institute and A Home Within. I also coordinate continuing education and fundraising events for the East Bay Chapter. I am also a member of the Board of Directors.

2007 - 2008: Child Trauma Research Project, UCSF/ San Francisco General Hospital. Predoctoral Internship. Child Parent Psychotherapy and assessment with children 0-6 and their caregivers. Focusing on ethnically and economically diverse families dealing with trauma.

2004 - 2006: Children's Hospital and Research Center, Oakland, Early Childhood Mental Health Program. Work with children 0-3 and their parent(s) and/or foster parent(s). The work involved group work, as well as individual sessions and home visiting. Collateral work with social service agencies, preschools and medical personnel was also involved. I was also on the assessment team for one year. This involved a 5-6 week assessment of infants and parents, and foster parents as well to assess all aspects of the child's development and functioning, and also to assess the relationship with the child and primary caregivers.

2003 - 2010: Alta Bates Comprehensive Cancer Center. Group facilitation for young women diagnosed with cancer, especially breast cancer. Issues include: adjusting to diagnosis, medical advocacy, treatment decisions, and coping with parenting and relationship issues.

1991 - 1994: Director: Westudillo Counseling Service, San Leandro California. Provided consultation and supervision to licensed staff, as well as interns. Led staff meetings, performed on-site school counseling with children K-8. Also did community outreach and networking, while carrying a full caseload. The children and families served were from ethnically and economically diverse backgrounds.

1989 - 1991: Assistant Director, Westudillo Counseling. Duties included: outreach, intake and assessment, community lectures, production of quarterly newsletter, as well as ongoing psychotherapy with a multi-ethnic client base.

1987 - 1993: Psychotherapist, Westudillo Counseling Service. Provided individual adult and child, couple, family and group psychotherapy, as well as pre-marital counseling. Groups included those for adult children of alcoholics. Clients presented with a range of issues including childhood trauma, abuse, illness and chronic pain, chemical dependency, depression and personality disorders. The population was racially and economically diverse.

1985 - 1987: Intern in Private Practice with Bruce Cribley, MS, MFT. Worked with adults, couples, families and groups providing psychotherapy. Treated adults dealing with trauma, loss, depression, and anxiety. Led groups for adult children of alcoholics and adult survivors of childhood sexual abuse.

1985 - 1987: Mental Health Counselor, East Bay Hospital, Richmond, California. Provided counseling and facilitated groups in inpatient psychiatric facility with acute and chronic patients, both adults and adolescents. Patients were ethnically and economically diverse, and presented with a range of issues including schizophrenia, bipolar disorder, major depression, eating disorders, personality disorders.

1984 - 1986: Intern, Clement Street Counseling Center, San Francisco, California. Provided psychotherapy to adults and adolescents in individual, couple, family and group psychotherapy. Treated individuals dealing with depression, anxiety, and childhood abuse.

1983 - 1984: Intern, General Clinical Program, John F. Kennedy University Community Counseling Center, Concord, California. Training internship in psychotherapy with individual adults, adolescents, couples and families.

1983 - 1985: Counselor, Cammeld House of Catholic Social Services, San Francisco, California. Provided counseling and coverage in long-term group home for adolescent girls twelve to nineteen years old. The girls had been removed from parental custody due to abuse and neglect, and manifested a range of issues from suicide attempts, eating disorders, substance abuse, major depression, and conduct disorders. Many stayed until emancipation. Clients were ethnically diverse, and primarily from lower income families.

1980 - 1982: Crisis Counselor, Bradenton, Manatee County, Florida. Provided immediate, on-site and hospital crisis counseling to rape victims. Also provided telephone crisis counseling.

CANCER AND ONCOLOGY RESEARCH, CONSULTATION, EDUCATION AND ADVOCACY:

2015 - 2016: Consumer Reviewer, New York Department of Health Peter T. Rowley Breast Cancer Projects,

2009 - Present: Patient Representative, National Mammography Quality Assurance Advisory Committee, United States Food and Drug Administration.

2002 - Present: Patient Consultant, United States Food and Drug Administration, Patient Consultant. Consultant in all phases of breast cancer drug development, testing and application for approval, including voting representation on ODAC committees.

1999 - Present: Consumer Representative, United States Department of Defense, Breast Cancer Research Program. Consumer advocate on scientific review panels. This involves reviewing and evaluating research proposals.

1999 - 2006: Member of Board of Directors, Breast Cancer Action. Involved in public policy, specifically mammography policy, worked on outreach, arranging and participating in public talks on breast cancer education and advocacy. Served on the planning committee for the annual *Town Meeting*, and worked on other development activities.

1999: California Observer Advocate, California Breast Cancer Research Program.

1998: National Breast Cancer Coalition. Completed *Project LEAD*, a science-based training for breast cancer advocates, which covers basic science, epidemiology, and research design. Also participated in advocacy training, and congressional lobbying.

1998: Northern California Cancer Center. Member of Advisory Committee for the *1998 Conference on Relationships and Sexuality*. Facilitated a discussion group on parenting through cancer at the conference.

1997 - 2008: Mother's Living Stories Project. Member of advisory committee. Researched and compiled the resource guide, *Parenting Through Cancer*, published 1997, and revised in 1999.

1997 - Present: Breast Cancer Patient Navigator. Pro-bono support for individuals moving through cancer treatment processes.

1997: UCSF / Mt. Zion. Member of the Planning Task Force for the development of *Patient Navigator Program*.

LECTURES

2015: Cultivating Mindfulness for Wellbeing and Health, Sonoma Valley Hospital. Workshop for Medical Staff and Community.

2014, 2015: World Drug Safety Congress. Panel Participant , Benefit Risk Communication.

2012: Stanford University. Lecture and panel participant on The Patient Perspective and the Role of Education and Counseling in the Alpha Clinic Setting.

2012: MD Anderson, Ethics and Compliance in Oncology Research. Lecture and panel participant on Patient Reported Outcomes and Optimal Patient Experience.

2006: Lecture on the intersection of Buddhism and psychotherapy, The Wright Institute.

2000: Lecture and Interview on parenting with cancer, KPFA radio.

2000: Lecture and Interview on parenting with cancer, Parent Talk radio.

1998: Lecture and Discussion on parenting with cancer, Conference on Cancer, Sexuality and Relationships, San Francisco, CA

1999: Adult Children of Alcoholics in Relationships- Lafayette-Orinda Presbyterian Singles Club

RESEARCH EXPERIENCE

2008: Doctoral Dissertation, The Wright Institute, Berkeley, CA

The Experience of Mothering with Cancer.

This phenomenological study seeks to understand how the diagnosis of breast cancer changes one's parenting and one's perception of themselves as a parent.

1991 - 1993: Research Associate: Mental Research Institute, Menlo Park, California.

Assistant to Dr. Stephanie Brown on the *Family Recovery Project*. Participated in all aspects of this project involving analysis of families in recovery. This involved: assessment and interviewing families for appropriateness for the project. Families were interviewed on camera, and then the sessions were viewed and assessed with the research team.

OTHER EDUCATION, CREDENTIALS, AND EXPERIENCE:

2012: Columbia University, College of Physicians and Surgeons; Narrative Medicine Workshop, Invited Conference.

2003: Airport Crisis Intervention with David Wee, LCSW

2001 Mindfulness Based Stress Reduction Professional Training with Jon Kabat-Zinn, PhD

2001: From Impasses to Intimacy: Working with Couples with David Shaddock, MFT

2001: Psychotherapy for Life Threatening Illnesses with Catherine Classen, PhD

2001: Integrating Treatments for PTSD with Louise Gaston, PhD

2001: Healing the Divided Self, Treatment of Trauma with Louise Gaston, PhD

2001: Treatment of Dissociative Disorders with Maggie Phillips, PhD

2001: Disaster Mental Health Training with Elizabeth Thompson, PhD

2000: Disaster Mental Health Training with David Wee, LCSW

2000: Living with Life Threatening Illnesses with Lynn Rogers, PhD

1999: Disasters: Response and Intervention with David Wee, LCSW

1997: Clinical Incident Stress Debriefing: Trained by Jeffrey T. Mitchell.

1995: EMDR Level 1 and 2 Training with Francine Shapiro, PhD

1995: Supervision Training for Marriage and Family Therapists with Charles Alexander, PhD

1995: Systems Interventions in Couples Work with Charles Alexander, PhD

1988: Certified Clinical Hypnotherapist trained by Deborah Ross, PhD

TEACHING AND ADMINISTRATIVE EXPERIENCE:

2009 – Present: Adjunct Faculty, The Wright Institute. Supervise students in the Clinical Psychology Program, as well as coordinate the collaboration between the Wright Institute and A Home Within.

2009 - Present Adjunct Faculty, John F. Kennedy University Doctoral Program. Professor for Family Systems Theory and its Application to Diverse Populations.

1988 - 1989: Assistant Professor, John F. Kennedy University, Graduate Program in Clinical Psychology. Taught Marriage and Family Therapy, beginning and advanced classes to Master's candidates in clinical psychology.

1988: Teaching Assistant, John F. Kennedy University. Basic Addiction Studies with Barbara Stern. Duties included reading and commenting on student papers, and grading of exams.

1984 - 1988: Teaching Assistant, John F. Kennedy University. Marriage and Family Therapy in both beginning and advanced classes with Charles Alexander, PhD. Duties included lecturing, reading and commenting on student papers, leading and supervising student role-plays, and assisting in writing and administering exams.

1985 - 1988: Administrative Assistant John F. Kennedy University. Assistant to the *Addiction Studies Program* with the Dean, Charles Alexander, PhD. Duties included administrative work, student interviewing regarding program admittance, curriculum review, and participation in team meetings.

AFFILIATIONS:

American Psychological Association, Clinical Member

California Association of Marriage and Family Therapists, Clinical Member

International Society of Traumatic Stress Specialists, Clinical Member

Association of Traumatic Stress Specialists, Clinical Member

Association of Psychooncology, Clinical Member

International Psycho Oncology Society, Clinical Member

Integrative Health Network, Sonoma Valley, Member

Integrative Psychotherapy Group, Member

REFERENCES

Alicia Lieberman, PhD
Director, Division of Infant, Child, and Adolescent Psychiatry at SFGH
Child Trauma Research Institute
San Francisco General Hospital
415-206-5323

Charles Alexander, Ph.D.
Former Dean, The Wright Institute
510-841-9230

Anita Barrows, Ph.D.
Faculty, The Wright Institute
510-540-8330

Barbara Ivins, PhD
Clinical Director, Parent Infant Program
Children's Hospital and Research Center, Oakland
510-428-8402

Karuna Jagger, Executive Director
Breast Cancer Action
San Francisco, CA
415- 243-9301

Joann Minor
Cancer Liaison Program, FDA former Director
301-758-2009